

**Pakistan Hypertension League Faisalabad Chapter conducted the
activity on world Hypertension day 2024**

WORLD HYPERTENSION DAY

Event of world hypertension Day was celebrated in Punjab Medical College, Faisalabad and Agriculture University, Faisalabad organized by Pakistan Hypertension League. These included Hypertension awareness walk and Blood Pressure Screening camp. Prof. Dr. Zafar Ali Chudhary (Vice Chancellor, Faisalabad Medical University, Faisalabad), Dr. Iqrar Ahmad Khan (Vice Chancellor, Agriculture University, Faisalabad) and Chapter co-coordinator, Faisalabad Chapter Hypertension League Prof. Dr. Ahmed Bilal, Dr. Muhamamd Owais Fazal and Dr. Ahmad Zeeshan Chughtai were participated and express their view about hypertension. They said that hypertension is silent killer and increased consumption of salt and junk food is responsible for the epidemic Hypertension control is essential to prevent deadly complication. New drugs are perfectly safe.

The rally was hugely participated by doctors from different hospitals Faisalabad, medical students, staff nurses, traffic wardens and 1122 rescue personals.

“The secret of health lies in simple balanced diet, exercise and regular walk”

Lecture on Hypertension Day in University of Agriculture Faisalabad









Work Shop







Hypertension Day Walk





Media Interaction Chanel 92 News



Media Interaction Chanel 7 News



Hypertension Awareness Walk in Faisalabad Medical University, Punjab Medical College by

Dr. Muhammad Owais Fazal



