

World Hypertension Day 2024 Activity Report, Quetta

World Hypertension Day celebrated with great enthusiasm in BMCH Quetta. A free medical camp was organized in the morning, where a large number of patients were screened for hypertension, diabetes mellitus and high cholesterol levels. A walk with a hypertension awareness banner followed, emphasizing the importance of maintaining healthy blood pressure levels.

Later, everyone gathered in the lecture hall, where a welcome speech was delivered by Dr. Huma Naeem Tareen, the joint secretary and local chapter coordinator PHL. This was followed by a detailed lecture on hypertension by professor Jalaluddin Achakzai, the president of PHL. The hall was filled with enthusiastic participants. Senior doctors from various departments including medicine, Neurology, nephrology, pulmonology and Endocrinology, also attended the event. An interactive question and answer session was held after the lecture allowing participants to clarify any doubts and gain a deep understanding of hypertension.

The day concluded with distribution of PHL modular course certificates to 153 candidates who successfully completed the PHL modular course conducted on 31st January 2024.

The chief guest of the event ,prof. Abid Amin appreciated the efforts of the BMCH team in organizing such a successful program.