



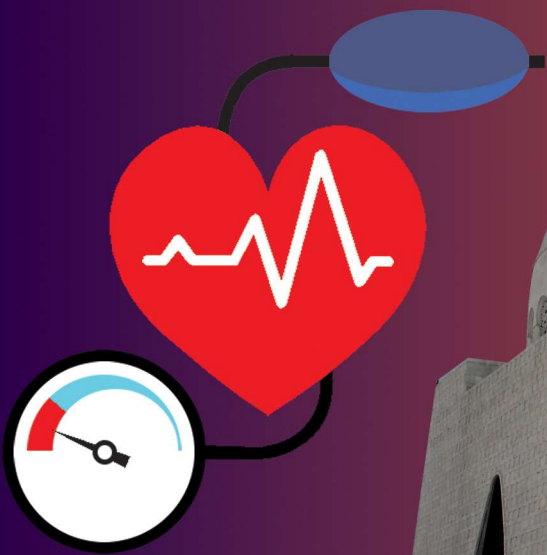
# 24<sup>th</sup> PHL



ANNUAL SCIENTIFIC CONFERENCE  
24<sup>th</sup> to 26<sup>th</sup> September, 2021

Measure your **BP accurately,**  
control it, live longer

## SCIENTIFIC PROGRAM



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# Welcome to Deligates



Convenor

**Prof. Dr. Muhammad Nawaz Lashari**

Head of Department of Cardiology, Civil Hospital/DMC/DUHS, Karachi.

# Hall A

DAY 1 FRIDAY 24<sup>th</sup> SEPTEMBER, 2021

BLS WORKSHOP		Workshop 1
Moderator	Dr. Noman Kakapota	
Chairperson	Prof. Dr. Khalida Soomro / Dr. Afzal Qasim / Dr. Ghulam Abbas / Dr. Arshad Ali Shah / Dr. Tariq Farman	
Time	Topics	Speakers
10:00 - 10:05	Introduction	Prof. Dr. Aamir Hameed
10:05 - 10:20	CPR Presentation	Dr. Pir Sheraz Ali
10:20 - 10:35	Defibrillation & Cardioversion	Dr. Noman Kakapota
10:35 - 10:50	Management of Arrhythmias chart	Dr. Faisal Khanzada
10:50 - 11:30	Hand on & Q/A and Panel Discussion	
ECG WORKSHOP		Workshop 2
Moderator	Dr. Atif Sher	
Chairperson	Prof. Dr. Syed Zahid Jamal / Prof. Dr. Abdul Rasheed Khan / Prof. Dr. Aamir Hameed / Prof. Dr. Amber Ashraf / Dr. Pir Sheraz Ali	
Objective	"To make participant aware of - Basics of ECG recording and identifying common Artifacts. -Case based orientation towards rhythm assessment and management. -Diagnosing Acute Ischemia, Chamber enlargement and electrolyte disturbances	
Time	Topics	Speakers
11:30 - 01:00	0-15 Basics of ECG	Dr. Hashim
	15-60 Case based discussion	Dr. Fawad Farooq
	Q/A and Panel Discussion	
01:00 - 02:00	Lunch and Prayer Time	
PEADIATRIC WORKSHOP		Workshop 3 "Accurate measurement of BP in Peeds"
Moderator	Dr. Naheed Mehar	
Chairperson	Prof. Dr. Khalida Soomro/Prof. Dr. Ammarah /Prof. Dr. Shanti Lal/Prof. Dr. Fehmina Arif/Prof. Dr. Mehnaz Atiq/Prof. Dr. Mohsina/Prof. Dr. Khalid Shaif	
Time	Topics	Speakers
02:00 - 03:30	Definition of hypertension and when to measure blood pressure in children?	Prof. Dr. Najma Patel
	How to take blood pressure in children?	Prof. Dr. Mehnaz Atiq
	How to interpret Blood pressure readings in infants and children?	Dr. Abdul Sattar Shaikh
	Post Test	
	Q/A and Panel Discussion	

# Hall B

DAY 1 FRIDAY 24<sup>th</sup> SEPTEMBER, 2021

Workshop 1 "Measurement and management of hemodynamic in Cath Lab		
Moderator	Dr. Kaleem Shaikh	
Chairperson	Dr. Faisal Ahmed / Dr. Asad / Dr. Zaryab	
Time	Topics	Speakers
10:00 - 10:15	Monitoring of Hemodynamic	Dr. Faisal Qureshi
10:15 - 10:30	Interpretation & management of Hemodynamic	Dr. Kaleem Shaikh
10:30 - 10:45	Video	
10:45 - 11:00	Q/A and Panel Discussion	
Workshop 2 "Imaging in Hypertension"		
Moderator	Dr. Beenish	
Chairperson	Prof. Dr. Abdul Ghaffar Memon / Prof. Dr. Fateh Ali Tipu Sultan / Dr. Arshad Ali / Dr. Riaz Qureshi	
Time	Topics	Speakers
11:00 - 12:00	Introduction	Dr. Beenish
	Assessment of LV systolic function on Echo	Dr. Arshad Ali
	Assessment of LV diastolic function on Echo	Dr. Fateh Ali Tipu Sultan
	Case Discussion	Dr. Riaz Qureshi
	Q/A and Panel Discussion	
Workshop 3 "Heart Failure"		
Moderator	Dr. Ghulam Abbas Shaikh	
Chairperson	Prof. Dr. Fasih Hashmi / Dr. Tariq Farman / Dr. Afzal Qasim / Dr. Hashim / Dr. Zaryab/ Dr. Faisal	
Time	Topics	Speakers
12:00 - 01:00	Measurement and management of hemodynamic in HTN Heart Failure	Dr. Ghulam Abbas
	Measurement and management of hemodynamic in Hypotensive Heart Failure	Dr. Irfan Chandra
	Q/A and Panel Discussion	
01:00 - 02:00	Lunch and Prayer Time	

## Workshop 4 "Accurate measurement of BP"

Moderator	Dr. Asad	
Chairperson	Prof. Dr. Raj Kumar / Prof. Jalaluddin Achakzai / Prof. Dr. Feroz Memon / Prof. Dr. M.Ishaq Paracha / Prof. Dr. Khalida Soomro	
Time	Topics	Speakers
02:00 - 03:30	Introductory Background of BP	Dr. Riffat Sultana
	Presentation 10 minutes	Prof. Dr. Tariq Ashraf
	Video 10 Min	
	Practical workshop 15 Min	
	Q/A and Panel Discussion 15 Minutes	
03:30	Inaugural Ceremony at Marquee	
03:30 - 03:45	Guest to be Seated	All Participant
03:45 - 03:50	Recitation from Holy Quran, Dua for Maghfirat of those who left this world due to Covid 19 pandemic	
03:50 - 04:00	Opening Ceremony of the congress (National Anthem)	
04:00 - 04:10	Welcome Address by Convenor 24th PHL- Prof. Dr. M. Nawaz Lashari	
04:10 - 04:20	Pictorial Journey of PHL past History by General Secretary PHL- Prof. Dr. M Ishaq Paracha	
04:20 - 04:30	Address by President Pakistan Hypertension League- Prof. Dr. Saulat Siddiqui	
04:30 - 04:40	Address by President, PSIC Prof. Dr. Nadeem Hassan Rizvi	
04:40 - 04:50	Address by President Pakistan Cardiac Society – Prof. Dr. Haroon Babar	
04:50 - 05:00	Address by President, PSIM Prof. Dr. Javed Akram	
05:00 - 05:10	History of PHL by Founder president PHL- Prof. Dr. Azhar Masood Ahmed Farooqui	
05:10 - 05:20	Address by Guest of Honour: Honourable Vice chancellor (DUHS) Prof. Dr. Saeed Qureshi	
05:20 - 05:35	Address by Chief Guest: Honourable Chief Minister of Sindh Syed Murad Ali Shah	
05:35 - 05:50	Souvenir to Honourable Guests	
05:50 - 06:00	Group Pictures	
06:00 - 06:30	Hi Tea	
07:00 PM	Cruise Dinner Meeting Point 07:00 at PC Lobby	Only For faculty

## Conference Room A, B, & C DAY 2 SATURDAY 25<sup>th</sup> SEPTEMBER, 2021

### Break Fast Session on Aspirin

Moderator	Dr. Fawad Farooq	
Chairperson	Prof. Dr. Azhar M.A. Farooqui / Prof. Dr. Abdus Samad / Prof. Dr. M.Ishaq Paracha/ Prof. Dr. Jawed Akram/ Prof. Dr. Feroz Memon/ Prof. Dr.M.Nawaz Lashari	
Time	Topics	Speakers
08:00 - 08:05	Recitation from Holy Quran	
08:05 - 08:30	Aspirin - A Wonder Drug	Prof. Dr. Shahbaz Qureshi
08:30 - 08:45	Q/A and Panel Discussion	

## Hall A

## DAY 2 SATURDAY 25<sup>th</sup> SEPTEMBER, 2021

### Session 1 (Is hypertension is global or local problem)

Moderator	Prof. Dr. Jalaluddin Achakzai	
Chairperson	Prof. Dr. Azhar M. A. Farooqui / Prof. Dr. Abid Amin / Prof. Dr. Feroz Memon/ Prof. Dr. M.Ishaq Paracha/ Prof. Dr.Saulat Siddiqui/ Prof. Dr.Khalida Soomro	
Time	Topics	Speakers
09:00 - 09:15	MMM global BP screening program (data from PAKISTAN)	Prof. Dr. Feroz Memon
09:15 - 09:25	Cobra study	Prof. Dr. Amir Hameed
09:25 - 09:35	Prevalence of HTN and associated risk factors among SACA Region	Prof. Dr. Parth Sarathi Datta (Live)
09:35 - 09:45	Epidemiology of Hypertension	Prof. Dr. Karam Shah
09:45 - 10:00	Q/A and Panel Discussion	

### Session 2

Moderator	Prof. Dr. Abdul Ghaflar Memon	
Chairperson	Prof. Dr. Basit / Prof. Dr. Zaman Shaikh/ Prof. Dr. Saeed Mahar / Prof. Dr.Abdul Rasheed Khan/Prof. Dr.Bilal Mohyudin/ Dr.Ahmed Noor	
Time	Topics	Speakers
10:00 - 10:15	What are factors that provide soil for increase BP?	Prof. Dr. Javed Akbar Siyal
10:15 - 10:30	Is there a way to decrease risk factors by improving the soil?	Prof. Dr. Amber Ashraf
10:30 - 10:45	Nutritional risk factors of HTN in SACA region	Prof. Dr. Mansi Patel (Live)
10:45 - 11:00	Q/A and Panel Discussion	

### Session 3

Moderator	Prof. Dr. Jawed Akbar Siyal	
Chairperson	Prof. Dr. Iqbal Afidi/ Brig Prof. Dr. Shoaib / Prof. Dr. Shoukat Malik / Prof. Dr. Sajid Dhakam/Prof. Dr. Amber Ashraf Prof. Dr. Saeed Sangi/ Prof. Dr. Hafizullah	
Time	Topics	Speakers
11:00 - 11:15	Hypertension & Cardiovascular Diseases	Prof. Dr. Hafizullah
11:15 - 11:30	Techniques and methods for BP measurement.	Prof. Dr. Tariq Ashraf
11:30 - 11:45	Indication and interpretation of lab and general tests.	Prof. Dr. Abdul Rasheed Khan
11:45 - 12:00	Q/A and Panel Discussion	

Session 4		
Moderator	Prof. Dr. Abdul Rasheed Khan	
Chairperson	Prof. Dr. Saeed Sangi / Prof. Dr. Bilal Mohyudin / Prof. Dr. Imran Saeed / Prof. Dr. Saulat Siddiqui / Dr. Sohail Akbar / Dr. Khalid Bhatti	
Time	Topics	Speakers
12:00 - 12:15	Indication and interpretation of ambulatory BP monitoring.	Prof. Dr. Mujeeb Tareen
12:15 - 12:30	Night time dosing in chronotherapy HTN: Clinical Trial to practice.	Prof. Dr. Abdul Ghaffar Memon
12:30 - 12:45	What; how to evaluate and manage Dippers and non dippers HTN.	Prof. Dr. Jalaluddin Achazkai
12:45 - 01:00	Q/A and Panel Discussion	
01:00 - 02:00	Lunch and Prayer Time	
Session 5		
Moderator	Dr. Shahid Memon/ Dr. Noman Kakapota	
Chairperson	Prof. Dr. Liaquat Ali/ Prof. Dr. Mansoor Ahmed/ Prof. Dr. Anees Memon/ Prof. Dr. Jawed Akram/ Prof. Dr. Khan Shah Zaman Dr. Deedar Gajoo/ Dr. Fayaz Shah	
Time	Topics	Speakers
02:00 - 02:15	Life style and HTN.	Prof. Dr. Raj Kumar
02:15 - 02:30	Pharmacological treatment: practice to guidelines	Prof. Dr. Shahbaz Qureshi
02:30 - 02:45	Evaluation and management of HTN emergency and urgency	Prof. Dr. Kashif Hashmi
02:45 - 03:00	Q/A and Panel Discussion	
Session 6		
Moderator	Prof. Dr. Raj Kumar	
Chairperson	Prof. Dr. Fateh Ali Tipu Sultan/ Prof. Dr. Mansoor Ahmed / Prof. Dr. Abdus Samad/ Prof. Dr. Khalida Soomro/ Dr. Nand Lal/ Dr. Fawad Farooq	
Time	Topics	Speakers
03:00 - 03:15	What are factor for poor control BP?	Prof. Dr. Imran Saeed
03:15 - 03:30	Evaluation and treatment of Reno vascular HTN.	Dr. Abdul Rauf
03:30 - 03:45	Community strategies to reduce HTN	Prof. Dr. Zainab Abdus Samad
03:45 - 04:00	Q/A and Panel Discussion	
Session 7		
Moderator	Prof. Dr. Imran Saeed/ Dr. Arshad Ali Shah	
Chairperson	Prof. Dr. Hafizullah/ Prof. Dr. Zainab Abdus Samad/ /Prof. Dr. M.Ishaq / Prof. Dr. Hafeez Choudry /Dr. Gul Hassan Brohi / Dr. Riffat Sultana	
Time	Topics	Speakers
04:00 - 04:15	Renal Denervation: clinical trials to practice	Prof. Dr. Asad Pathan
04:15 - 04:30	Evaluation and treatment of Endocrine HTN	Prof. Dr. Iftikhar shah
04:30 - 04:45	Obstructive Sleep apnea (OSA) what cardiologist must know.	Dr. Kashif Shaikh
04:45 - 05:00	Q/A and Panel Discussion	
Session 8		
Moderator	Prof. Dr. Mujeeb Tareen/ Dr. Arshad Ali Shah	
Chairperson	Prof. Dr. Syed Zahid Jamal/ / Prof. Dr. Bilal Mohyudin/ Prof. Dr. Haroon Babar/ Prof. Dr. Kashif Hashmi/ Prof. Dr. Khalida Soomro Dr. Zaman Baloch / Dr. Mashooq Ali Dasti	
Time	Topics	Speakers
05:00 - 05:15	How to treat systolic and diastolic HTN?	Prof. Dr. Faseeh Hashmi
05:15 - 05:30	What and how to evaluate Resistant HTN?	Prof. Dr. Hafeez Choudry
05:30 - 05:45	How to improve awareness and training to control BP?	Prof. Dr. Sundeep Mishra (Live)
05:45 - 06:00	Q/A and Panel Discussion	
06:00 - 07:00	Council meeting	
08:00pm	Gala Dinner at PC Marquee All Participant	

# Hall B

DAY 2 SATURDAY 25<sup>th</sup> SEPTEMBER, 2021

Session 1		
Moderator	Dr. Fawad Farooq	
Chairperson	Prof. Dr. Raj Kumar / Prof. Dr. Shahbaz Qureshi / Prof. Dr. Kashif Hashmi / Prof. Dr. Jawed Akram Prof. Dr. Haroon Baber/ Prof. Dr. Nazeer Memon	
Time	Topics	Speakers
09:00 - 09:12	Risk Assesment and Management of HTN in Atrial Fibrillation : An anticoagulant Dilema	Prof. Dr. Syed Zahid Jamal
09:12 - 09:24	Evaluation and management of Ischemic stroke - anti thrombotic therapeutic dilemmas in stroke	Prof. Dr. Naila Shebaz
09:24 - 09:36	HTN and Arythmias	Prof. Dr. Faisal Khanzada
09:36 - 09:48	Imaging and endovascular treatment of stroke	Prof. Dr. Irfan Lutfi
09:48 - 10:00	Q/A and Panel Discussion	

Session 2		
Moderator	Dr. Sanam Khuwaja / Dr. Sumera Nasim	
Chairperson	Prof. Dr. Zahid Rasheed / Prof. Dr. Dad Jan / Prof. Dr. Syed Ishtiaq Rasool/ Prof. Dr. Khalida Soomro Prof. Dr. Hafeez Chaudry/ Prof. Dr. Zamaz Wahid/ Dr. Rehan Omer	
Time	Topics	Speakers
10:00 - 10:12	Risk stratification and management of pulmonary artery HTN.	Prof. Dr. Faisal Zuberi
10:12 - 10:24	Pregnancy induced HTN	Prof. Dr. Nusrat Shah
10:24 - 10:36	Pulmonary artery HTN and Pregnancy	Prof. Dr. Shabnam Shaikh
10:36 - 10:48	Anti Hypertensive and other drugs during pregnancy	Dr. Riffat Sultana
10:48 - 11:00	Q/A and Panel Discussion	
Session 3		
Moderator	Dr. Riffat Sultana / Dr. Fayaz Shah	
Chairperson	Prof Dr. Hafeez Choudry/ /Prof Dr. Zainab Abdus Samad / Prof. Dr. Feroz Memon / Prof.Dr. Munaf Tareen/ Dr. Abdul Rauf / Dr. Hashim Kalwar	
Time	Topics	Speakers
11:00 - 11:15	J-curve in diastolic blood pressure-how low should we go? Guidelines to practice:	Dr. Fawad Faroque
11:15 - 11:30	Assessment and challenges in management of HTN in elderly	Prof. Dr. Fateh Ali Tipu Sultan
11:30 - 11:45	HTN and falls in elderly: an update	Dr. Faisal Ahmed
11:45 - 12:00	Q/A and Panel Discussion	
Session 4		
Moderator	Dr. Faisal Ahmed /Dr. Asif	
Chairperson	Prof Dr. Akhter Baloch/ Prof. Dr. Ifikhar shah/ Prof. Dr. Nadeem Qamar/ Prof. Dr. Bheeka Ram/ Prof. Dr. Jawed Akram Prof. M. Ishaq / Dr. Kashif Shaikh	
Time	Topics	Speakers
12:00 - 12:15	Epidemiology of HTN in DM	Prof. Dr. Abdul Basit
12:15 - 12:30	Safety of hypertension combination therapy in DM. Is any special	Prof. Dr. Zaman Shaikh
12:30 - 12:45	SGLT2 inhibitors and heart failure in the cardio renal spectrum	Prof. Dr. Saeed Maher
12:45 - 01:00	Q/A and Panel Discussion	
01:00 - 02:00	Lunch and Prayer Time	
Session 5		
Moderator	Dr. Shoukat / Dr. Ghulam Abbas	
Chairperson	Prof. Dr. Fasih Hashmi/Prof. Dr. Imran Saeed / Prof. Dr. Ishtiaq Rasool/ Prof. Dr. Nadeem Hassan Rizvi/Prof. Ijaz Ahmed Vohra Prof. Dr. Abdul Samad Achakzi/ Prof. Amber Ashraf	
Time	Topics	Speakers
02:00 - 02:15	Evaluation and treatment of HTN heart Failure	Prof. Dr. Abid Amin
02:15 - 02:30	A Revolution in Heart Failure Management: Do you know or not about ARNI	Prof. Dr. Feroz Memon
02:30- 03:45	First & only Game changer in HFpEF with Diabetes & without Diabetes	Prof. Dr. Jalaluddin Achakzai
03:45 - 03:00	Q/A and Panel Discussion	
Session 6		
Moderator	Dr. Ghulam Abbas	
Chairperson	Prof. Dr. Tariq Ashraf/ Prof. Dr. Abdul Rasheed Khan/ Prof. Dr. Qaisar Jamal/ Prof. Dr. M. Ishaq Prof. Dr. Khan Shah Zaman/ Dr. Nand Lal	
Time	Topics	Speakers
03:00 - 03:15	Does depression and anxiety cause HTN what we know and don't know?	Prof. Dr. Iqbal Afridi
03:15 - 03:30	How do alcohol coffee and smoking effect blood pressure?	Brig. Prof. Dr. Shoaib
03:30 - 03:45	How do alcohol drug abuse and smoking effect blood pressure? What we know & don't know	Dr. Shoukat Memon
03:45 - 04:00	Q/A and Panel Discussion	
Session 7		
Moderator	Dr. Sanam Khuwaja	
Chairperson	Prof. Dr. Javed Akber Siyal/ Prof. Dr. Amber Ashraf / Prof. Dr. Akhtar Ali Bande Shah / Prof. Dr. Haroon Babar Dr. Sikander Shaikh/ Dr. Majeed Shaikh	
Time	Topics	Speakers
04:00 - 04:15	Mask and white coat HTN.	Dr. Khalid Bhatti
04:15 - 04:30	What and why CVS events occur in poor control BP? trials to practice:	Prof. Dr. Saeed Sangi
04:30 - 04:45	Treating HTN: What I must teach my patient and young colleague	Prof. Dr. Bilal Mohyudin
04:45 - 05:00	Q/A and Panel Discussion	
Session 8		
Moderator	Prof. Dr. Mansoor Ahmed/ Prof. Dr. Amber Ashraf	
Chairperson	Prof. Dr. Feroz Memon / Prof. Dr. M. Ishaq / Prof. Dr. Nadeem Hayat Malik / Prof. Dr. Shahbaz Quershi / Prof. Dr. Nouman Naseer Prof. Dr. Naseer Somroo/ Prof. Dr. Bashir Hanif / Prof. Dr. Amber Ashraf / Prof. Dr. Tariq Ashraf	



Time	Topics	Speakers
05:00 - 05:15	Does HTN have effect on pattern and severity of CAD	Prof. Dr. Liaquat Ali
05:15 - 05:30	Basic Approach and Tips and tricks in bifurcation lesion	Prof. Dr. Mansoor Ahmed
05:30 - 05:45	Basic approach and Tips and tricks in CTO	Gen. Dr. Sohail Aziz
05:45 - 06:00	Q/A and Panel Discussion	
06:00 - 07:00	Council meeting	
8:00pm	Gala Dinner at PC Marquee	All Participant

# Hall A

DAY 3 SUNDAY 26<sup>th</sup> SEPTEMBER, 2021

## Session 1

Moderator	Dr. Saira Bukhari	
Chairperson	Prof. Dr. Haroon Aziz Khan Babar / Prof. Dr. Nusrat Ara Majeed / Prof. Dr. Amber Ashraf / Prof. Dr. Raj Kumar Prof. Dr. Shabnam Shaikh/ Dr. Sumera Nasim	
Time	Topics	Speakers
09:00 - 09:12	Hypertension: Her point of view (Chairperson for Women's Heart Health Organisation (WH2O), National Heart Association of Malaysia (NHAM)	Dr. Effarzean Abdul Rahman
09:12 - 09:24	What are new Guidelines for Women with Pregnancy and Hypertension	Dr. Wajha Inam
09:24 - 09:36	Risk of Stroke in Women and Hypertension	Dr. Huma Tareen
09:36 - 09:48	Maternal Coronary Heart Disease, and Mortality Within 1 to 5 Years of Delivery Among Women with Hypertensive Disorders of Pregnancy	Prof. Dr. Sultana Habib
09:48 - 10:00	Q/A and Panel Discussion	

## Session 2

Moderator	Prof. Dr. Kashif Hashmi / Dr. Tariq Farman	
Chairperson	Prof. Dr. Sharyar Shaikh / Prof. Dr. Zubair Akram / Prof. Dr. Aziz ur Rahman / Prof. Dr. Jawed Akram/ Prof. Dr. Shahbaz Quershi Gen. Dr. M.H.Nuri/ Dr. Kaleem Shaikh/ Dr. Sanam Khuwaja /Dr. Asim	
Time	Topics	Speakers
10:00 - 10:15	Evaluation and treatment of intra cerebral hemorrhage	Dr. Ayesha Ilyas
10:15 - 10:30	Evaluation and Non-pharmacological management of stroke: cased based approach	Dr. Hamid Sharif
10:30 - 10:45	Clinical Inertia in Diabetes Management	Prof. Dr. Imran Hassan Khan
10:45 - 11:00	Q/A and Panel Discussion	

## Session 3

Moderator	Prof. Dr. Shahbaz A Qureshi	
Chairperson	Prof.Dr. Ijaz Ahmed Vohra/ Prof.Dr. Saual Siddiqui/ Prof.Dr. M.Ishaq/Prof.Dr. Abid Amin/ Prof.Dr. Aziz ur Rahman/Prof.Dr. Bheeka Ram Dervrajani.	
Time	Topics	Speakers
11:00 - 11:15	Metabolic Syndrome	Prof. Dr. Javed Akram
11:15 - 11:30	The Guardian Drugs in HTN	Prof. Dr. Shahbaz A Qureshi
11:30 - 11:45	Management of the Lethal duo: Diabetes & HTN	Prof. Dr. Aziz ur Rahman
11:45 - 12:00	Q/A and Panel Discussion	

## Session 4

Moderator	Prof. Dr. Khalida Soomro	
Chairperson	Prof. Dr. Ishaq/Prof. Dr. Jamal Ara/Prof. Dr. Bilal Mohyudin /Prof. Dr. Zainab Abdus Samad/Prof. Dr. Hafizullah/Prof. Dr. Feroz Memon	
Time	Topics	Speakers
12:00 - 12:15	Hypertension: the neglected health burden for women	Dr. Anastasia Mihaikidou (Royal North Shore Hospital, Kolling Institute & Macquarie University, Sydney, Australia)
12:15 - 12:30	Central hypertension: a neglected cardiovascular risk factor in women?	Dr. Yan Li (Shanghai Institute of Hypertension, Ruijin Hospital, Shanghai Jiaotong University School of Medicine)
12:30 - 12:45	Role of telemedicine for hypertension management.	Dr. Niamh Chapman (University of Tasmania, Menzies Institute for Medical Research Hobart, Tasmania, Australia)
12:45 - 01:00	Q/A and Panel Discussion	

## Session 5

Moderator	Prof. Dr. Raj Kumar / Dr. Asad	
Chairperson	Prof. Dr. Qaiser Jamal / Prof. Dr. Qaiser Khan/Prof. Dr. Tariq Masood / Prof. Dr. Abdul Rasheed Khan/ Dr. Imran Hameed Dr. Zahoor Soomro/Dr. Nadir Khan / Dr. Fahad / Dr. M. Tariq Farman	
Time	Topics	Speakers
01:00 - 01:15	What and how to evaluate PAD	Prof. Dr. Mashoor Alam Shah
01:15 - 01:30	Great debate on antithrombotic therapeutic dilemma in PAD: Dual antiplatelet or Dual pathway antithrombotic pathway	Dr. Rehan Umer Siddiqui
01:30 - 01:45	Non-pharmacological treatment of PAD: case based approach	Dr. Muhammed Yusuf
01:45 - 02:00	Q/A and Panel Discussion	
02:00	Closing Ceremony	
02:00	Lunch and Prayer Time	

# Hall B

DAY 3 SUNDAY 26<sup>th</sup> SEPTEMBER, 2021

## Session 1

Moderator	Dr. Kaleem Shaikh / Dr. Ghulam Abbas Shaikh	
Chairperson	Prof. Dr. Hafizullaah / Prof. Dr. Amir Hameed/ Prof. Dr. Shahid Hameed / Prof. Dr. Tanveer Alam Prof. Dr. Aurguzeb / Dr. Qazi Abdul Samad / Dr. Wajha	
Time	Topics	Speakers
09:00 - 09:15	Implementation of people centered care services	Prof. Dr. Tshewang Gyeltshen
09:15 - 09:30	Does air pollution affect blood pressure?	Prof. Dr. Zulfiqar Shaikh
09:30 - 09:45	HAMI	Prof. Dr. Khawar Abbas Kazmi
09:45 - 10:00	Q/A and Panel Discussion	

## Session 2

Moderator	Prof. Fasih Hashmi / Dr. Arshad Ali Shah	
Chairperson	Prof. Dr. Mashoor Alam Shah/ Prof. Dr. Tariq Masood / Prof. Dr. Fateh Ali Tipu Sultan / Prof. Dr. Asadullah Ijaz/ Dr. Riaz Qureshi/ Dr.Azizullah	
Time	Topics	Speakers
10:00 - 10:15	What we know and don't know? Covid 19 HTN	
10:15 - 10:30	Obesity and HTN the issue is more complex than we thought	Prof. Dr. Qaiser Jamal
10:30 - 10:45	Subclinical LV dysfunction identified by strain analysis in hypertensive patient	Dr. Mashooq Ali Dasti
10:45 - 11:00	Q/A and Panel Discussion	Dr. Imran Hameed

## Session 3

Moderator	Prof. Dr. M. Bilal Mohyudin/ Dr. Hashim	
Chairperson	Prof. Dr. Khan Shah Zaman / Prof. Dr. Fateh Ali Tipu Sultan/ Prof. Dr. Bilal Mohyudin/Prof.Dr. Haroon Babar/ Prof. Dr. Khalid Mehmood Prof. Dr. Faisal Zuberi / Prof. Dr Abu Bakar/ Dr. Ayesha Ilyas	
Time	Topics	Speakers
11:00 - 11:15	Working hours and risk of developing HTN	Prof. Dr. Waris qadwai
11:15 - 11:30	Erectile dysfunction. Evaluation and Management	Dr. Kaleem shaikh
11:30 - 11:45	Female sexual health in HTN - ignored for too long	Dr. Sanam Khuawja
11:45 - 12:00	Q/A and Panel Discussion	

## Session 04 Peadiatric

Moderator	Dr. Amber	
Chairperson	Prof. Dr. Ijaz Ahmed Vohra / Prof. Dr. Aisha Mehnaz / Dr. Khalid Shafi / Prof. Dr. Najma Patel / Prof. Dr. Taj Laghari / Prof. Dr. Ammarah	
Time	Topics	Speakers
12:00 - 12:15	Epidemiology , Etiology & Evaluation of Systemic HTN in children & adolescents.	Prof. Dr. Mehnaz Atiq
12:15 - 12:30	Treatment of systemic HTN short & long term with special reference to end organ damage	Dr. Saleem Akhter
12:30 - 12:45	Pulmonary Hypertension: Evaluation & management strategies with special reference to congenital heart disease.	Prof. Dr. Najma Patel
12:45 - 12:55	Result of Workshop	Dr. Abdul Sattar Shaikh.
12:55 - 01:00	Q/A and Panel Discussion	

## Session 5

Moderator	Dr. Afzal Qasim / Dr. Faisal Khanzada	
Chairperson	Prof. Dr. Jawed Akram/ Prof. Dr. Abdul Rasheed Khan / Prof. Dr. Shahid Hameed / Prof. Dr. Zubair Akram / Prof. Dr. M. Ishaque Prof. Dr. Tariq Ashraf / Dr. Aslam Zardari	
Time	Topics	Speakers
01:00 - 01:15	Dyslipidemia challenge: closing the Gap between guidelines and clinical practice	Prof. Dr. Hafizullaah
01:15 - 01:30	What are new in guidelines for Management of HTN in women: Pakistan Hypertension Clinical Practice Guidelines and international update	Dr. Sumera Ahsan
01:30 - 01:45	Up to date national and international guidelines for HTN.	Prof. Dr. Amir Hameed
01:45 - 02:00	Q/A and Panel Discussion	
02:00	Closing Ceremony	
02:00	Lunch & Prayer	