



25th ANNUAL
PHL CONFERENCE
SILVER JUBILEE

MEASURE IT, CONTROL IT, LIVE LONG

28th - 30th October 2022, Indus Hotel, Hyderabad

SCIENTIFIC PROGRAM



PRE-CON WORKSHOPS

TUESDAY, 25th OCTOBER 2022

WORKSHOP-1

10:00AM - 01:00PM

ECHOCARDIOGRAPHY

Moderator:

Dr. Owais Shams

Panelist:

Prof. Dr. Moin Ahmed Ansari, Prof. Dr. Manzoor Ali Ikhair,
Dr. Pooran Kumar, Dr. Shahid Hussain Memon

Course Co-ordinators:

Dr. Muhammad Kashif, Dr. Irfan Ali Arbab

Time	Topics	Facilitators
10:00am - 11:00am	Hemodynamics	Dr. Erum Baloch
11:00am - 12:00pm	Role of Echo in Cardiac Emergencies	Dr. M.Rahman Khalid
12:00pm - 01:00pm	Constrictive Pericarditis	Dr. Asad Aslam Karejo
	Q&A and Expert Comments	



Seminar Room, 2nd Floor Department Of Cardiology
Liaquat University Hospital Hyderabad



MEASURE IT, CONTROL IT, LIVE LONG

WORKSHOP-2

10:00AM - 1:00PM

WEDNESDAY, 26th OCTOBER 2022

CPR AWARENESS SESSION

Moderator:

Dr. Muhammad Zaman Baloch

Panelist:

Prof. Feroz Memon Prof. Rafi Ghouri, Prof. Ghulam Hussain

Prof. Hanif Ghani

Facilitators:

Dr. Nobia Mehdi, Prof. Syed Fasih Hashmi

Prof. Muhammad Zaman Baloch



INDUS MEDICAL COLLEGE TANDO MUHAMMAD KHAN



WORKSHOP-3

10:00AM - 1:00PM

THURSDAY, 27th OCTOBER 2022

ELECTROCARDIOGRAM (ECG)

Basic to Advance Level

Moderator:

Dr. Shahid Hussain Memon

Panelists:

Prof. Imran Shaikh, Prof. Shoaib Ansari, Prof. Khalid Shaikh

Prof. Iqbal Shah

Facilitator:

Dr. Fariha Sadiq Ali

Time	Modules
10:00am - 10:30am	Module 1: Basics of ECG interpretation
10:30am - 11:00am	Module 2: Approach to bradycardia
11:00am - 11:30am	Module 3: Approach to narrow complex tachycardia
11:30am - 12:00pm	Tea Break
12:00pm - 12:30pm	Module 4: Approach to wide complex tachycardia
12:30pm - 01:30pm	Module 5: Approach to pacemaker ECG



**DEPARTMENT OF CARDIOLOGY, LIAQUAT UNIVERSITY
HOSPITAL HYDERABAD**



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WORKSHOP-4

10:00AM - 1:00PM

THURSDAY, 27th OCTOBER 2022

ELECTROCARDIOGRAM (ECG)

Moderators:

Dr. Sharwan Bhuromal, Dr. Bushra Aqeel

Panelists:

Prof. Syed Fasih A. Hashmi, Prof. Asif Ali Burney, Prof. Adnan Bawani
Prof. Akber Memon

Time	Topics	Facilitators
10:00am - 10:30am	Tilawat	
10:30am - 11:00am	Basics, Ischemia, Chamber Enlargement	Dr. Hashim Khan
11:00am - 11:30am	Rhythm Analysis	Prof. Fawad Farooq
11:30am - 12:00pm	Case Based Discussion	
12:00pm - 12:30pm	Q&A and Expert Comments	



**ASADULLAH KAZI AUDITORIUM, ISRA UNIVERSITY
HOSPITAL HYDERABAD.**



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WORKSHOP-5

02:00PM - 05:00PM

FRIDAY, 28th OCTOBER 2022

ECHOCARDIOGRAPHY

Moderator:

Dr. Khalid Rehman

Panelist:

Prof. Shahbaz Kureshi, Prof. Amber Ashraf, Prof. Mujeeb Tareen

Dr. Shahid Hussain Memon

Time	Topics	Facilitators
02:00pm - 02:45pm	Assessment of Systolic function on echo	Dr. Saba Hussain
02:45pm - 03:30pm	Assessment of Diastolic function on echo	Dr. Shahbaz Sarwar
03:30pm - 04:15pm	Myocardial strain on Echo - Basics and Clinical Applications	Dr. Fateh Ali Tipoo
04:15pm - 05:00pm	Doppler Echocardiography-Basics & Clinical Applications	Dr. Imran Hameed
	Q&A and Expert Comments	



HOTEL INDUS HYDERABAD



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WORKSHOP-6

02:00PM - 04:00PM

FRIDAY, 28th OCTOBER 2022

HYPERTENSION

Moderator:

Dr. Sharwan Bhuromal

Panelist:

Prof. Dr. Abdul Ghaffar Memon, Dr. Tariq Farman

Time	Topics	Facilitators
02:00pm - 02:45pm	Hypertension Update: A practical approach from guidelines to clinical-practices	Dr. Irfan Ellahi Chandna
02:45pm - 03:30pm	Non-Pharmacological management of Hypertension	Dr. Farzana Aamir Hashmi
03:30pm - 04:00pm	Case Discussion	Dr. Aftab Ahmed Saleh



HOTEL INDUS HYDERABAD

04:30 pm - 05:30 pm

PUBLIC AWARENESS PROGRAM



PRESS CLUB

08:00 pm

INAUGURATION CEREMONY



HOTEL INDUS HYDERABAD (CONTINENTAL HALL)



MEASURE IT. CONTROL IT. LIVE LONG

DAY 1

SATURDAY, 29TH OCTOBER 2022

08:00am - 09:00am

CRYSTAL HALL

BREAKFAST SESSION ON ASPIRIN

Chairperson:

Prof. Ejaz A Vohra, Prof. Abdus Samad, Prof. Muhammad Ishaq
Prof. Shahryar A Sheikh, Prof. Feroz Memon, Prof. Shahbaz A Kureshi

Moderator: Dr. Abdul Rab Shaikh

Session Coordinator:

Recitation from Holy Quran

08:00 am - 08:05 am

Aspirin A Wonder Drug

08:05 am - 08:45 am

Prof. Fawad Farooq

Q & A and Panel's Discussion

08:45am - 09:00 am



SESSION 1

09:00AM - 10:00AM

CRYSTAL HALL

Chairperson:

Prof. Noor Muhammad Memon, Prof. Nazir Memon, Prof. Abid Amin,
Prof. Abdul Rasheed Khan, Prof. Shahdat Hussain, Prof. Jawaid Akbar Siyal

Moderator: Prof. Jalal Achakazai

Session Coordinator: Dr. Mashooq Dasti

Ambulatory Blood pressure monitoring

09:00 am -09:15 am

Dr. Amir Hameed

Home blood pressure monitoring

09:15 am - 09:30 am

Prof. Nawaz Lashari

Office blood pressure monitoring

09:30 am - 09:45 am

Dr. Ayesha Almas

Q & A and Panel's Discussion

09:45 am - 10:00 am



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SESSION 2

10:00AM - 11:00AM

CRYSTAL HALL

Chairperson:

Prof. Azhar Farooqi, Prof. Muhammad Ishaq, Dr. Fazal ul Rehman
Prof. Khalida Soomro, Prof. Fasih Ahmed Hashmi, Dr. Imran Ahmed

Moderator: Dr. Sanam Khowaja

Session Coordinator: Dr. Sumera Shaikh

- Body and brain in hypertension, how are women different from men
10:00 am -10:10 am
Prof. Nusrat Ara Majeed
- Hypertension in Women - Recent Advances and Lingering Questions
10:10 am -10:20 am
Dr. Noreen Nazir
- RAS system treatment and offspring outcome in pregnancy
10:20 am -10:40 am
Dr. Najia Soomro
- Role of telemedicine for hypertension management
10:40 am -10:50 am
Dr. Uzma Khan
- Updated Guidelines in Hypertension in Women
10:50 am -11:00 am
Dr. Sumera Ahsan
- Panel Discussion & Vote of Thanks
Prof. Khalida Soomro



SESSION 3

11:00AM - 11:40AM

CRYSTAL HALL

Chairperson:

Prof. Hafeez Chaudhary, Prof. Mansoor Ahmed, Prof. Shams Shaikh
Prof. Asif Ali Burney, Prof. Bilal Mohiuddin, Prof. Bikha Ram

Moderator: Dr. Gul Hassan

Session Coordinator: Dr. Asif Shaikh

ARNI in management of Heart Failure

11:00 am - 11:10 am

Prof. Fawad Farooq

Role of SGLT 2 inhibitors in the management of heart & diabetes

11:10 am - 11:20 am

Dr. Qamar Masood

The Role of New Generation Vasodilating Beta Blocker in Diabetic Hypertension

11:20 am - 11:30 am

Dr. Nanik Ram Khatwani

Q & A and Panel's Discussion

11:30 am - 11:40 am



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SESSION 4

12:00PM - 01:00PM

CRYSTAL HALL

Chairperson:

Prof. Shahryar A. Shaikh, Prof. Fasih Hashmi, Prof. Muhammad Ishaq
Prof. M. Hafizullah, Prof. Feroz Memon, Prof. Khawar Kazmi

Moderator: Dr. Arshad Khawaja

Session Coordinator: Dr. Arshad Khawaja

What's new in hypertension management

12:00 pm - 12:15 pm

Dr. Imran Ahmed

Hypertension & microvascular angina Dose the prognosis justify the diagnosis

12:15 pm - 12:30 pm

Prof. Jalal Achakzai

PREACH Project : Expectation & Outcomes

12:30 pm - 12:50 pm

Dr. Wajiha Javed

Q & A and Panel's Discussion

12:50 pm - 01:00 pm

LUNCH & PRAYER

01:00 pm - 02:00 pm



SESSION 5

02:00PM - 03:00PM

CRYSTAL HALL

Chairperson:

Prof. Fareesa Waqar, Prof. Shahida Hussain Tarar, Prof. Uzma Sohail Afridi
Prof. Roshan Ara Qazee, Dr. Naheed Parveen Shaikh, Dr. Hasan Ala

Moderator: Prof. Haleema Yasmin

Session Coordinator:

Hypertension in pregnancy

02:00 pm - 02:30 pm

Prof. Shela Baqai

Q & A and Panel's Discussion

02:30 pm - 03:00 pm



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SESSION 6

03:00PM - 04:00PM

CRYSTAL HALL

Chairperson:

Prof. Zahid Jamal, Prof. Mehmood ul Hassan, Prof. Shehbaz A. Kureshi
Dr. Fariha Sadiq, Prof. Azmat Hayat, Maj. Gen. Farhan Tayyab

Moderator: Dr. Ghazala Irfan

Session Coordinator: Dr. Amjad Holio

○ Pathophysiology of AF and Hypertension, how to prevent progression

03: 00 pm - 03:15 pm

Prof. Amir Hameed

○ Treatment of AF in HTN (case based discussion)

03: 15 pm - 03:30 pm

Dr. Qurban

○ Anticoagulation in AF & cmp; HTN (Case Based discussion)

03: 30 pm - 03:45 pm

Dr. Kubra Khaliq

○ **Q & A and Panel's Discussion**

03:45 pm - 04:00 pm



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SESSION 7

04:00PM – 05:00PM

Chairperson:

Prof. Khurshheed Abbassi, Prof. Nawaz Lashari, Prof. Ghulam Rasool Bouk
Prof. Chetan Das Hotwani, Prof. Muhammad Aslam Memon
Prof. Yasmeen Memon

Moderator: Dr. Ram Chand

Session Coordinator:

Definition and interpretation of hypertension when and how to
Measure blood pressure in children?

04:00 pm - 04:15 pm

Prof. Najma Patel

Epidemiology, etiology and evaluation of systemic hypertension in
children and adolescents

04:15 pm - 04:30 pm

Prof. Asif Ur Rehman

Treatment of Systemic hypertension: Short and long term with
special reference to end organ damage

04:30 pm - 04:45 pm

Dr. Abul Sattar Sheikh

Q & A and Panel's Discussion

04:45 pm - 05:00 pm

PHL GENERAL BODY MEETING 6:45 pm (After Maghrib Prayer)
Venue: Diamond Hall

CONFERENCE DINNER | LIFE TIME ACHIEVEMENT AWARD
8:30 pm (After Isha Prayer)



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DAY 2

SUNDAY, 30TH OCTOBER 2022

SESSION 8

09:00AM - 10:00AM

CRYSTAL HALL

Chairperson:

Prof. Ejaz Vohra, Prof. Dr. Amber Ashraf, Prof. Riffat Sultana
Prof. Mateeh Ullah, Prof. Akhtar Bandesha Dr. Kaleem Ullah Shaikh

Moderator: Dr. Shaukat Memon

Session Coordinator: Dr. Iftikhar Ahmed

What & How to evaluate PAD

09:00 am - 09:15 am

Prof. Tariq Ashraf

MMM global BP screening program (data from PAKISTAN)

09:15 am - 09:30 am

Prof. Feroz Memon

Cobra Study

09:30 am - 09:45 am

Prof. Amir Hameed

Q & A and Panel's Discussion

09:45 am - 10:00 am



SESSION 9

10:00AM - 10:20AM

CRYSTAL HALL

Moderator: Dr. Fawad Farooq

Session Coordinator:

Role of Leadership in Quality & Patient Safety

10:00 am - 10:20 am

Prof. Zaki ud Din

Know Yourself

10:20 am - 10:40 am

Dr. Qamar Hussain



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SESSION 10

10:40 AM - 11:45 AM

CRYSTAL HALL

Chairperson:

Prof. Muhammad Ishaq, Prof. Ahmed Bilal, Prof. Faisal Ahmed
Prof. Mujeeb Tareen, Prof. Tariq Ahraf, Prof. Naeem Aslam

Moderator: Dr. Khanwal Amir

Session Coordinator: Dr. Bilal Zawar

10:40 am - 10:55 am

Lingkan Barua (Live)

Nutritional recommendations in hypertension

10:55 am - 11:10 am

Prof. Mansi Patel (Live)

Management of resistant hypertension

11:10 am - 11:25 am

Prof. Nadia A Khan (Live)

Community-based management of hypertension in South Asia

11:25 am - 11:40 am

Prof. Dinesh (Live)

Q & A and Panel's Discussion

11:40 am - 11:45 am

In collaboration with SACA



SESSION 11

11:45 AM - 12:45 PM

CRYSTAL HALL

Chairperson:

Prof. Abdus Samad, Prof. Nazir A. Memon, Dr. Shahid Hussain Memon
Prof. Saeed Ahmed Sanghi, Dr. Muhammad Zaman Baloch, Prof. Rajkumar

Moderator: Dr. Maria Kazi

Session Coordinator: Dr. Asim Rasool

Hypertension and diabetes the lithal duo

11:45 am - 12:00 pm

Prof. Shabnam Korejo

Blood Pressure Variability

12:00 pm - 12:15 pm

Prof. Abdul Rasheed Khan

Improving compliance to antihypertensive treatment in women

12:15 pm - 12:30 pm

Prof. Sultana Habib

Q & A and Panel's Discussion

12:30 pm - 12:45 pm



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SESSION 12

12:45 PM - 01:30 PM

CRYSTAL HALL

Chairperson:

Prof. Nadeem Hayat Malik, Prof. Nadeem Rizvi, Prof. Zubair Ikram
Prof. Tahir Saghir, Dr. Abdul Jabbar, Prof. Ghazanfar Shah

Moderator: Dr. Mashooq Dasti

Session Coordinator:

Interventional in chronic stable angina

12:45 pm - 12:55 pm

Dr. Ahsan Raza

Update in ACS

12:55 pm - 01:10 pm

Prof. Dr. Amber Ashraf

Management in refractory angina in year 2022

01:10 pm - 01:20 pm

Dr. Rehan Omar

Q & A and Panel's Discussion

01:20 pm - 01:30 pm



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SESSION 13

01:30 PM - 02:30 PM

CRYSTAL HALL

Chairperson:

Prof. Ghafar Memon, Prof. Kashif Hashmi, Prof. Abu Bakar Shaikh
Prof. Qaiser Jamal, Prof. Samad Achakzai, Prof. Ishtiqa Rasool

Moderator: Dr. Lajpat Rai

Session Coordinator:

Alert Trial

01:30 pm - 01:45 pm

Prof. Khalid Mehmood

What & How to evaluate resistant HTN

01:45 pm - 02:00 pm

Prof. Hafeez Choudry

How Doctors Die?

02:00 pm - 02:15 pm

Shaukat Ali Jawaid

Q & A and Panel's Discussion

02:15 pm - 02:20 pm

CONCLUDING & AWARD CEREMONY RESULT OF POSTER COMPETITION

02:20 pm - 02:30 pm

Chairperson: Prof. Nazir Memon, Prof. Fasih Hashmi, Prof. Feroz Memon,
Dr. Fakhar, Dr. Zaman Baloch

Moderator : Dr. Arif Memon

Concluding Remarks & Vote of Thanks : Prof. Fasih Hashmi



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